

Hawaii MARINE LIFESTYLES

HAWAII MARINE B SECTION

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Photos by Lance Cpl. Regina A. Ruisi

Displays at the National Museum of the Marine Corps in Triangle, Va., take visitors through the history of the Corps with interactive exhibits. The museum stands as a testament to Marines who have proudly served their country, from revolutionaries to Devil Dogs with their toes in the sands of the Middle East. Static displays, movies, photos and artifacts help visitors experience the proud history of the Marine Corps.

GLORY - National museum honors Marine Corps triumphs

Lance Cpl. Regina A. Ruisi
Combat Correspondent

Marines may not be able to visit their birthplace at Tun Tavern, but they have their own Mecca in the National Museum of the Marine Corps in Triangle, Va., which opened on the Corps' 231st birthday, Nov. 10, 2006.

The museum, complete with a replicated pub called "Tun Tavern," gives Marines, and everyone else a chance to walk through life as a Marine, both past and present. A walk around the museum takes visitors everywhere from the formation of the Marine Corps to the "Global War on Terrorism Gallery," which displays pictures taken by Marines in Iraq and Afghanistan.

Exhibits with names like "Leatherneck Gallery" and "Making Marines Gallery" present, with static displays of aircraft, vehicles and artifacts, period videos and interactive demonstrations, the life of United States Marines, from the very first to recruits at training depots.

"Leatherneck Gallery" stands at the start of an amazing tour, displaying aircraft used throughout the history of Marine aviation. Famous, and infamous, quotes by and about Marines are engraved in stone walls, inviting visitors to feel the determination and motivation that has fueled the history of the Corps.

The "Making Marines Gallery" features interactive displays allowing visitors to hear, feel and see what recruits do on a daily basis. From a



The 'Combat Art Gallery' in the National Museum of the Marine Corps has photographs and paintings of famous Marines, battles and places in Marine Corps history. Gunnery Sgt. 'Manila' John Basilone's painting hangs near the opening to the gallery.

booth with screaming drill instructors to a 60-pound pack beckoning the brave to pick it up, visitors get a taste of what every Marine experiences to earn the coveted title.

Along a wall the length of the museum is "Legacy Walk," a display of artifacts and stories of Marines' history, beginning with the American Revolution and ending in the present. This brings to life the history Marines have ingrained in their brains and gives a visual to those who may not understand the

Corps' illustrious history.

The World War II, Korean War and Vietnam exhibits are a quick, but detailed, walk through of the respective wars. In the "World War II Gallery," visitors see the original and second flags raised on Iwo Jima, displays of service members in action, manning machine guns and flying bombers, and videos of what was going on overseas and on the home front for America's "Greatest Generation." The "Korean War Gallery" takes visitors through the Frozen

Chosin, allows visitors to see advancements in Marine aviation, and even gives a sobering look at prisoner-of-war camps Marines were held in. The "Vietnam Gallery" takes visitors into battle with displays of equipment, murals of life in Vietnam and artifacts showing the brutalities of the war.

The art exhibits, the "Global War on Terrorism Gallery" and the "Combat Art Gallery," tell the story of Marine Corps history, both past and present, through different art mediums, including paintings and photographs. The art shows the dedication and devotion of Marines to country, Corps and each other during the most trying times in their lives.

"The Global War on Terrorism exhibit stands out the most in my mind because I can relate to what has happened and is happening over there," said Cpl. Andrew D. Young, photographer, 8th Marine Corps District, Fort Worth, Texas. "I also liked Tun Tavern because I got to experience part of the Corps' heritage by having a beer where the Corps began."

Young said the museum is a must see for Marines and their families who get the chance to be in Virginia because it gives them an opportunity to see the Corps' history. The museum is outside the gates of Marine Corps Base Quantico, Va., and a short trip from Washington, D.C.

For more information about the National Museum of the Marine Corps, visit <http://www.usmcmuseum.org>.



The National Museum of the Marine Corps in Triangle, Va., is open year-round for Marines, their families and other visitors to step back into Marine Corps history. A total of ten galleries are on display.



The Children's Corner in the National Museum of the Marine Corps allows children and adults alike to leave letters to Marines. Notes to a specific Marine, or any Marine who cares to look, are left on the board in the 'Global War on Terrorism Gallery.'

PASS

IN

REVIEW



‘Wake the Dead’ release shakes rockers with new heavy metal edge

Victory Records scores hit with new metal band

Cpl. Rick Nelson

Combat Correspondent

As I opened the package to my new “Atreyu’s Greatest Hits” CD, I was pleased to find that Victory Records added a sampler disc to view some of their new and upcoming bands.

After listening to the first two songs I came upon the band Comeback Kid, a band I’ve heard rumors about, but never actually listened to. After sampling the song “Wake the Dead,” I knew immediately what I had to do — go and buy the whole disc.

Once I purchased the album entitled “Wake the Dead,” I spent the remainder of the trip home from Waikiki listening to the disc.

I must admit, Victory Records has always amazed me with the bands they sign and this time is no different, although I’m astonished I didn’t hear of this band sooner since their first disc “Turn it Around,” came out in 2003.

Although I don’t see this band becoming my favorite anytime soon, they’ll definitely be a band I keep an ear out for. Should I somehow get the opportunity, I wouldn’t mind seeing them live.

By the speed of the music you can tell this band is full of energy and knows how to get the crowd going. Although, it’s probably not a good concert to go to if you don’t plan on leaving with a few bruises and a ripped shirt. I know while listening to it, all I could do is imagine being in the mosh pit and getting knocked around.

Listeners may think the band’s sound is just screamo music to some people, but Comeback Kid offers up a more hardcore/metal influence.

Out of the 11 songs on the album, I would say the song “Wake the Dead” stands out by far, but this is definitely a CD you can play through completely for hours.

I recommend this disc to anyone who likes Victory Records’ other bands. I can’t wait to see what the band’s other CDs have in store for me.



Better Know A Critic

CABALO

Random 3 from top 10 bands
Smash Mouth, U2, TLC

A favorite song lyric
If those crumbs are all you want/ don't come in my restaurant.

Favorite videogame character
Princess Rosella (King's Quest)

deBREE

Random 3 from top 10 bands
Black Sabbath, Down, Social Distortion

A favorite song lyric
I live each day like it might be my last/ In this lifetime few things are worth fighting for/ My blood, your honor/ Everyone has a destiny.

Favorite videogame character
Mario ... Yahhhhhooooooooooooo! (The Super Mario Bros. series)

FAYLOGA

Random 3 from top 10 bands
The Smiths, Weezer, The Beatles

A favorite song lyric
Girlfriend in a coma/ I know/ I know/ It's serious.

Favorite videogame character
Link (The Legend of Zelda series)

GRIFFIN

Random 3 from top 10 bands
Dave Matthews Band, Sublime, ZZ Top

A favorite song lyric
Tell you what I want/ What I really, really want.

Favorite videogame character
N/A

GUARD

Random 3 from top 10 bands
Chris Brown, Blink 182, Black Eyed Peas

A favorite song lyric
Now that I've found someone/ I'm feeling more alone than I ever have before/ She's a brick and I'm drowning slowly.

Favorite videogame character
I don't know any Videogames

MARION

Random 3 from top 10 bands
Creed, Tim McGraw, Sammy Kershaw

A favorite song lyric
I can't stop this feeling/ Deep inside of me.

Favorite videogame character
The Arbiter (The Halo series)

MORA

Random 3 from top 10 bands
Nirvana, Bright Eyes, The White Stripes

A favorite song lyric
The world is a vampire.

Favorite videogame character
Alessa Gillespie (Silent Hill)

RUI

Random 3 from top 10 bands
Tiger Army, Elvis, Billy Joel

A favorite song lyric
I'd rather laugh with the sinners than cry with the saints/ The sinners are much more fun/ Only the good die young.

Favorite videogame character
Princess Peach (The Super Mario Bros. series)

TSANTARLIOTIS

Random 3 from top 10 bands
Chimaira, John Mayall's Blues Breakers, Lamb of God

A favorite song lyric
I remember music, not the lyrics

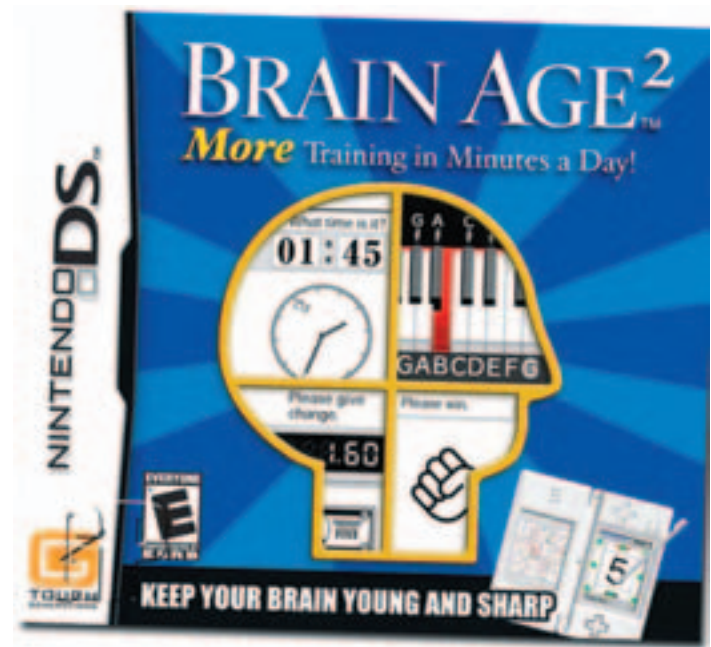
Favorite videogame character
Bowser (The Super Mario Bros. series)

Quickhit second opinion

0/4: Nowhere near the target

Ughhhhhhhhhh, where to begin? To consider this music is blasphemy. It's much more an accessory, like a spiked belt, than part of a timeless art. “Comeback Kid” has no individual style and actually performs like an MTV pop generator produced this generic-sounding “hardcore” band. The only memorable thing about the band is its vocals. That’s because they’re still purely piercing my skull with a high-pitched shriek. I think this kid might need to reach puberty before “screaming” for a band. Regardless, if you’re a brainless sheep and you enjoy anything trifled with anger, hatred and lack of talent, then this is a band for you. Bbbbbbbaaahhhhhhh!

-Lance Cpl. Achilles Tsantarliotis



Bend your brain playing DS game

Cpl. Mark Fayloga

Combat Correspondent

Using a series of quick-play puzzles to keep the mind sharp the Nintendo DS game “Brain Age 2: More Training in Minutes a Day” is a title which appeals to casual and long-time gamers alike.

Professor Ryuta Kawashima, author of the book “Train Your Brain: 60 Days to a Better Brain,” assisted in the game’s development and is the title’s mascot.

According to Kawashima’s studies, the brain begins to deteriorate at the age of 20 and without proper exercise it continues to worsen.

When you first begin the game you must perform a “Brain Age Check,” which consists of three random tests. During my initial “Brain Age Check,” I struggled through my first test, which required me to continually subtract eight from 97 until I got as close to zero as possible.

I thought it was simple enough but struggled with the serial subtraction. I’ve always had trouble with eights. I’m distracted by their constant curves. After resorting to counting on my fingers and toes, I finally finished in just over a minute.

Following all tests your score is categorized by how quickly you performed, with any mistakes adding onto your time. Throughout my first check I never saw anything quicker than a man walking, but later in the game I would rise to rocket speed.

Another test had me performing a verbal rock, paper, scissors game (or roshambo for fanatics). The screen would show a hand formed into a rock, paper, or scissors position, then you needed to chose the correct counter-move. The tricky part is the game also asks you to randomly pick the winning or losing gesture to score points. Using the voice recognition software on Nintendo DS, you simply state your answer. This seems simple enough, but it’s actually very challenging and I often found myself losing time on it because I would panic and

blurt out “Uhh, PaperRock!” Needless to say, I didn’t perform well and wasn’t surprised when I saw a tiny pixilated man walking across my screen.

My final embarrassment (test) came with “Highest Number.” During “Highest Number” all you’re required to do is touch the highest number on the screen. If there’s a 10 and a 12, just touch the 12 and move on to the next series of numbers. There’s a catch, however, as the size of the numbers is inconsistent, and as the test progresses the numbers move about the screen. I cursed myself as my underdeveloped brain continually made me choose the largest number on the screen instead of the highest. At the end of the test again the tiny man walked across my screen. I hated the tiny man. He symbolized my struggles as a mental midget.

I’m humiliated to say that after my initial “Brain Age Check,” I discovered I had the brain of a 107-year-old. I was shocked. I mean, I knew I did pretty poorly during the tests. But, come on – 107!

With a wide-variety of tests, multipler options, and 100 sudoku puzzles, the game is a steal at a bit more than \$20. Because game-play focuses on brief, daily sessions you’re sure to keep playing the title for months on end. If more than one person gets in

on the action, the game play value rises as you’ll constantly strive to post the quickest score and lowest brain age.

After three weeks with a daily regimen of just under 20 minutes of “exercise,” I was flying through all training exercises and consistently posting a brain age in the low 20s. I was a Brain Age genius, and I noticed other daily training benefits. At work, I stayed more focused and began to type quicker and with fewer mistakes. I began to calculate the change I would receive from my daily transactions, and came up with the total well before the cashiers and their useless registers. I had become a calculating monster. I loved it.

Not even the infinite curve of the eight slowed me down.



TALK* STORY

*[tōk stōreɪ] Hawaiian slang for an informal, lengthy conversation. Often used as a method to bond, or a good way to kill time.

Filing out tax forms might be a pain, with intricate rules for calculating income. We crunch the numbers using wrinkled receipts, all with one goal in mind: getting a refund. Some tax payers are expecting more than \$1,000 back. What to do with those extra funds? Sail the world? Buy a pony? Suddenly having a good sum of money made us wonder —

If you get a tax refund, what will you do with it?



I already received mine. I paid off all my debts, and I used the leftover to buy a new flat screen tv.

- Lance Cpl. Cyndi Collins



“I’ll be paying back my student loans. It won’t pay back much, but it’s a good start. I owe more than \$30,000.”

-Chief Petty Officer 3rd Class Luke Courmoyer



-Melyse Lovely

Desert Diaries

Lance Cpl. Regina A. Ruisi
Combat Correspondent

Since 1965, the Marine Corps has effectively preserved its history through the Marine Corps Oral History Branch. The corps-wide program is conducted here by Capt. Diana Mearns, the historical program officer, who documents the accounts of Hawaii’s service members. The warriors’ stories are collected orally and join the ranks of thousands of Marines and Sailors who’ve come before them, dating back to the Vietnam War.

“Desert Diaries” tells the personal stories of pride and loyalty, humor and sadness, and the glory and horror of America’s wars. The stories are provided by the base historian, and are published to help share our warriors’ stories with the public.

First Lt. Michael W. Green has seen Iraq from both the enlisted and officer points of view during his time in the Marine Corps. Green deployed in support of Operation Phantom Fury in 2004 as a sergeant for Kilo Company, 3rd

Battalion, 5th Marine Regiment. He returned to Iraq in 2006 as a logistics officer with 1st Battalion, 3rd Marine Regiment.

During this deployment Green said he saw a side of the Marine Corps he didn’t see as an infantryman during his first deployment.

As the S-4 logistics officer, Green was in charge of motor transportation assets, the armory, weapons and ordnance for the battalion, as well as special missions like food and sustenance delivery and vehicle recovery operations. His everyday routine included countless meetings, scheduling and overseeing vehicle recovery missions, and making sure the logistical operations of the forward operating base ran smoothly.

“I think what was most challenging was having people understand their capabilities and the capabilities of the other sections,” Green said. “I had to make sure they understood what function is whose responsibility when it comes to requesting and providing support. Everything else

“We found over 150 IEDs during our seven months there.”

wasn’t that difficult. Crisis management, fixing problems that would arise were relatively easy. The lack of understanding logistics with the infantry and logistics on the battalion scale was difficult for myself. Our higher support elements had a great philosophy for support, but communication between the separate units and understanding logistics were the greatest problems.”

Throughout Iraq, 1/3’s logistics command had more than 27 locations to provide supplies for on a regular basis. Green said the routes

to the locations were easy, and they never had problems with the daily travel, but a trip that should have taken 20 minutes panned out to be an hour long because of routine stops and sweeps for improvised explosive devices.

They provided food and water, sometimes upwards of 22 pallets of water weekly. Units could request secondary, wanted items, but logistics provided Meals, Ready to Eat and “hot chow” without requests.

“The requests they were putting in were for Gatorade, sodas, all the ‘give me’ good stuff,” Green said. “It was the bonus material like speed drinks they wanted, those were the requests we’d get.”

Vehicle recovery missions, on the other hand, took Marines a lot farther from the FOB.

“We went very far for vehicle recovery missions, sometimes up to 70,000 meters,” Green said. “Sometimes it took an entire day to get to the vehicles, so it was a very

long journey, and then they had to stay, recover the vehicle and then make their way back.”

Recovery missions happened as frequently as vehicles hit IEDs. They were as few as one mission a week to as many as one a day.

“We found over 150 IEDs during our seven months there,” Green said. “We found more by observing and doing sweeps compared to those we hit. Vehicle recoveries, at a minimum, were easily over 100 while we were there. Our battalion had a high mission tempo but no [killed in action].”

The success of bringing home every Marine they left with was more notable after the battalion replaced 2nd Battalion, 3rd Marine Regiment, which left Iraq in early 2006 with more than 22 KIA.

“For us to come into that amount of combat loss and come out with no KIAs and little wounded was very good,” Green said. “There was a lot of negative, a lot of finger pointing about things not working, and they obviously were. Things progressively got better.”

A Day in the Life

Lance Cpl. Achilles Tsantarliotis
Combat Correspondent

Editor’s note: A Day in the Life highlights military occupational specialties and Department of Defense jobs throughout the Marine Corps. This series gives appreciation to the thousands of service members, DoD employees and civilians who make Marine Corps Base Hawaii and installation of excellence.

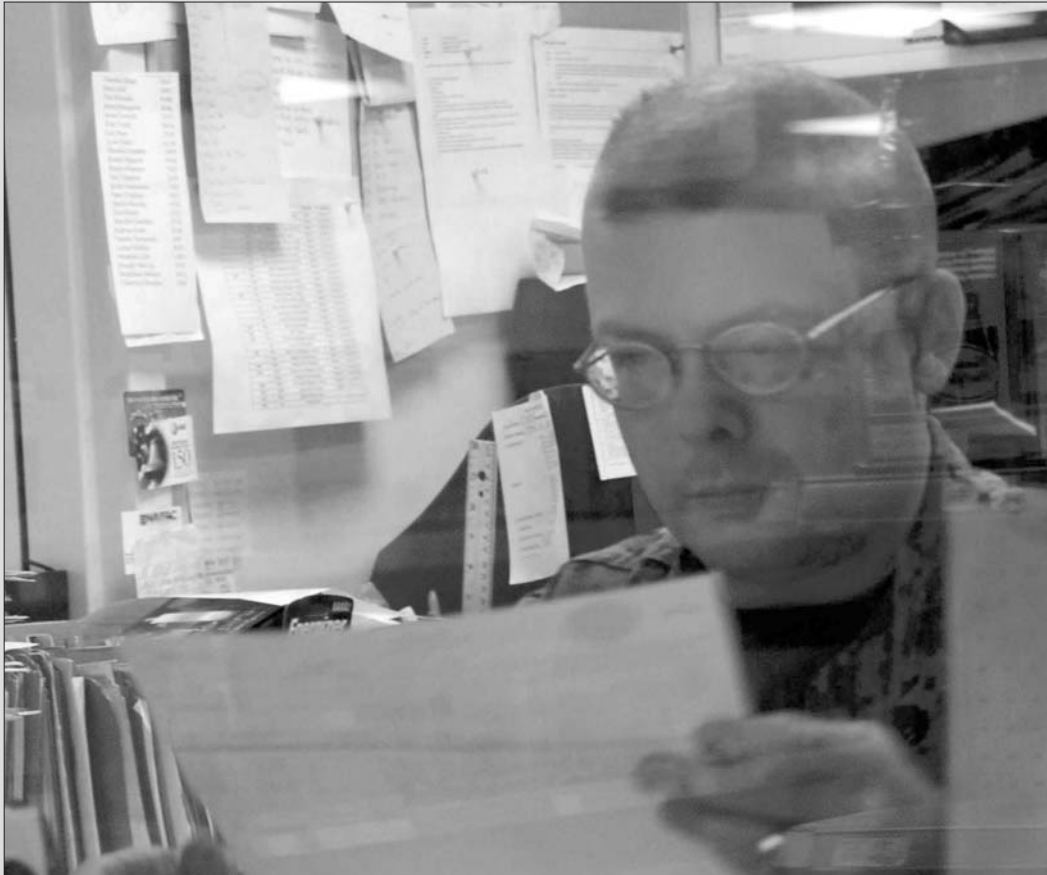
Staff Sgt. Steven Campbell has made an uncommon transition from tanking to services, because he felt it was more applicable to his goals in life. This transition has led him to deploy multiple times, performing extremely different roles each time.

From a tanker to service Marine, Campbell has performed two very different roles during his career.

“I came in [the Marine Corps] originally as a tanker,” Campbell said. “I did that for about eight years before ‘lat’ moving. I did it because of the opportunities in the Marine Corps and later on in life. Ultimately, I want to own my own business when I retire. I thought this was the best way to prepare for it.”

The service Marine occupation isn’t something you can enlist in and offers no formal training for the job, said Campbell, the assistant manager at the “Marine Mart”.

Service Marines are Marines who work alongside civilians at postal exchanges throughout bases, or basic stores,



Lance Cpl. Achilles Tsantarliotis

Staff Sgt. Steven Campbell, assistant manager, Marine Mart, goes through inventory orders to ensure all expenses are accounted for. Campbell helped set up the first store in Haditha, Iraq, allowing Marines an opportunity to buy supplies as needed and a sense of comfort.

sometimes running them alone in deployed locations, Campbell said.

“It’s six months of on the job training, learning a lot of the administrative roles and getting a lot of different experience,” Campbell explained. “I thought it’d be fairly easy, but what really surprised me was the accounting side of it. It was pretty difficult.”

Like most jobs in the Marine Corps, supervising and leadership are some of the benefits of being a service Marine along with firsthand experience maintaining and running the store.

“Learning the behind the scenes was pretty hard ... there’s a lot there you don’t realize,” Campbell said. “Being accountable

for inventory, and it’s not just pilfering that’s suspect, making sure product is brought in when you’ve paid for it is a big part. Luckily, there’s not much product loss here, and it’s one less thing to be concerned with.”

Campbell realized the importance of his job when he first deployed under his new occupation.

“I deployed to Iraq in 2005,” Campbell said. “At first I was at Camp Blue Diamond and my job was pretty typical there. They pulled me out of there soon enough and put me in Haditha, and there was no store there. For me, it was obviously a brand new experience; I had to open a brand new store from scratch.”

Although his last deployment was far different from spearheading a combat zone in a, M1 Abrams Main Battle Tank, Campbell learned all aspects of the Marine Corps depend on each other for success.

“Before that store was set up, they’d only have an opportunity to get supplies three times a month,” he said. “When it opened, we were open seven days a week, but I think it was the recreation of it, they’d come see me – maybe buy one thing and just shoot the [breeze]. It was a huge morale booster because they had been losing a lot of people. Opening that store and being there for them just showed them someone cared.”

‘Military Saves’ Week to be observed now through March 2

News Release
LIFELines

The campaign is a week of intense focus on taking financial action and making a commitment to save money. In 2008, the Navy will focus specifically on saving for emergencies, reducing debt to improve personal financial readiness and promoting youth financial responsibility.

This initiative is part of the Military Saves Campaign, a year-round social marketing campaign to persuade, motivate and encourage Department of Defense employees to save money and reduce consumer debt. The campaign reaches out to Service members, spouses, youth and civilian employees.

"We're stepping up our efforts to increase individual and family financial fitness by providing additional educational programs at our Fleet and Family Support Centers and by working directly with command financial specialists to provide information and personalized assistance in addressing unit financial readiness," said David DuBois, deputy manager for Fleet and Family Support Programs, Navy Installation Command.

"We have increased the number of Accredited Financial Counselors in the Fleet and Family Support Centers available to provide one-on-one help in developing realistic and achievable financial plans," DuBois said. "We're increasing the involvement of our partner agencies, on-base financial institutions, consumer awareness experts and nationwide industry leaders to help improve your financial fitness."

As part of Military Saves Week, installation leadership and will focus on encouraging Sailors to take action and make a commitment to save money. They will work with a variety of installation resources to motivate military members and their families to make a commitment to save by offering special events, classes and resources that focus on individual financial fitness.

The campaign is a command initiative in which leadership can work to create a culture that encourages savings and financial readiness. Through the campaign, leadership will promote wealth-building messages for military members, encouraging them to set savings goals, open savings accounts, make regular contributions to household savings, increase debt payments and participate in financial education programs.

Participants in Military Saves Week include: Command Financial Specialists, Fleet & Family Support Centers, Public Affairs Offices, installation banks and credit unions, Child & Youth Programs, Morale, Welfare, & Recreation, commissary, schools and more.

Nobody starts with the intention of becoming deeply in debt. Everyone can use help with finding additional ways to more effectively manage money. Emergencies can happen to anyone at anytime. The real focus is preparing for the unexpected by having funds to meet those unexpected requirements.

By establishing goals, maximizing the savings of personal income and reducing debt, our Sailors and families can enjoy the freedoms of financial independence.

MOVIE TIME

Prices: Friday and Saturday 7:15 p.m., shows are \$3 for adults and \$1.50 for children. Sunday matinee is shown at 2 p.m. Shows are \$2 for adults and \$1 for children. Evening showings on Sunday and Wednesday are at 6:30 p.m. and late shows are shown Friday and Saturday at 9:45 p.m. Cost is \$2 for adults and \$1.50 for children.

For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

In an effort to prevent piracy, the following security measures will be enforced on base for sneak preview screenings: bag checks, confiscation of cameras or cell phones with picture taking capability (items will be returned after screening), magnetometer wand, audience scanning with night vision goggles during screening.

The Base Theater and film companies thank you in advance for your cooperation and hope you will enjoy the show. For recorded information, call the Base Theater at 254-7642.

Juno (PG13)
The Kite Runner (PG13)
The Bucket List (PG13)
Alien vs. Predator-Requiem (R)
Juno (PG13)
Sweeney Todd (R)
The Kite Runner (PG13)
The Bucket List (PG13)
The Great Debaters (PG13)

Today at 7:15 p.m.
Today at 9:45 p.m.
Saturday at 7:15 p.m.
Saturday at 9:45 p.m.
Sunday at 2 p.m.
Sunday at 7:30 p.m.
Wednesday at 6:30 p.m.
Friday at 7:15 p.m.
Friday at 9:45 p.m.

SPOTLIGHT ON BASE


Word to Pass

Women’s History Month

Marine Corps Base Hawaii is celebrating Women’s History Month at the Base Chapel March 6 from 10:30 to 11:30 a.m.

Mokapu Elementary Pizza Fundraiser

The Mokapu Elementary School PTA is holding a fundraiser at Papa Johns Monday. Papa Johns will donate money to the school for every person ordering a pizza who mentions the school’s name.
For more information, e-mail friend-sofmokapu@gmail.com.



Baby Boot Camp

Expectant parents are invited to attend Baby Boot Camp at the Base Chapel, Room 30 A-B, from 9 a.m. to 3 p.m. Tuesday and Wednesday. The childbirth education and infant care class prepares new parents for labor, delivery, newborn care, postpartum changes and breastfeeding basics. Open to all active duty service members and their spouses.

For more information or to reserve a spot, contact the New Parent Support Program at 257-8803.

Bingo and PTA Meeting at Mokapu

Mokapu Elementary School’s final bingo night is March 14, combined with a general PTA meeting at 6 p.m. in the cafeteria. Bingo starts at 7 p.m., and funds raised through the game go toward the purchase of new cafeteria tables.
For more information, e-mail friend-sofmokapu@gmail.com.

Are you Financially Savvy?

The new game “Moneytopia” is an initiative by Headquarters Marine Corps and FINRA to test service members’ financial knowledge. They are requesting your help to play the game and submit feedback.
To test your knowledge, visit <http://www.saveandinvest.org/moneytopia>.

Free Summer Camp for Children of Deployed Service Members

Families can sign up for e-alerts from the National Military Family Association regarding summer camps and enrollment. Enrollment for Operation Purple Camps, free summer camps bringing together youth of deployed service members, is March 24 to May 5.
To sign up, visit <http://www.nmfa.org>, and click on “Youth Initiatives.”

MARINE MAKEPONO

HAWAIIAN FOR “MARINE BARGAINS”

RENTALS

Studio, new, all utilities paid, free satellite TV, security system, plenty of parking, private fenced in backyard and deck, safe neighborhood, five minutes from H3 and Windward Mall, 10 minutes from K-Bay MCBH, available now, \$1,500 per month. Call Dorsey at 392-6059.

Studio, ocean view, high ceilings, private, covered parking, large lanai, kitchenette, shower, bath, hot tub, near Windward Mall. \$1,300 per month including utilities. Call 239-5459.

MISCELLANEOUS

Large blue carpet, with padding, rectangle size fits 802 garage, \$75. Call 781-8835.

Round pub table and stools, antique oak with black painted finish on the legs, new, \$250. For dimensions call (661) 406-6361.

AUTOS

2003 Chevrolet Cavalier, \$5,000 or best offer. Great gas mileage, a/c, state approved tinted windows, 50K miles, 4-door, gold, black interior. Call 781-8835.

2000 Ford Mustang, convertible, \$6,000. Call 391-8736.

1998 Chevrolet Camero, \$4,800. Call 391-8736.

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees.
Ads are free and will appear in two issues of Hawaii Marine, on a space-available basis.
Those interested in advertising must bring a valid DoD-issued ID to the Hawaii Marine Office.
Makepono may be used only for noncommercial classified ads containing items of personal property.
Forms may be filled out Monday through Friday between 7:30 a.m. and 4:30 p.m. at the MCB Hawaii Public Affairs Office located in Building 216, room 19, aboard Marine Corps Base, Kaneohe Bay.

Created by: GySgt Charles Wolf

SEMPERTOONS

THE GREATEST MARINE CARTOONS ON THE PLANET!

“Remind me again...,
We did buy the FOAMY LETTERS
for HIM to play with..., Right?”

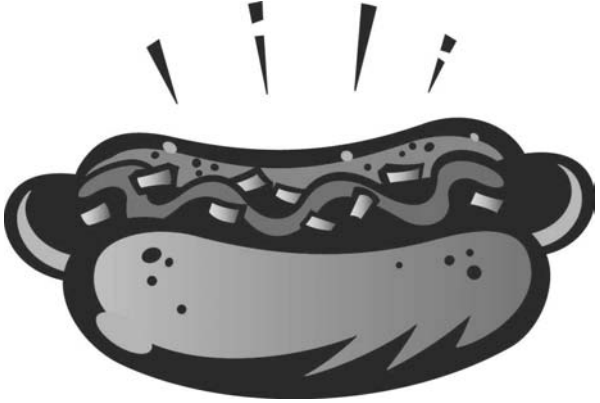


BATH TIME WITH DADDY

On the Menu

AT ANDERSON HALL

Today <p><i>Lunch</i> New England clam chowder Tomato soup Roast turkey Lemon baked fish fillets Baked macaroni & cheese Garlic roasted potato wedges Mixed vegetables Lyonnaise carrots Chicken gravy Peach pie Chocolate chip cookies Spice cake w/lemon butter cream frosting Vanilla/chocolate cream pudding Lemon/orange gelatin</p> <p><i>Dinner</i> New England clam chowder soup Tomato soup Chicken cacciatore Chili conquistador Burritos Refried beans Spanish rice Simmered corn Green beans Taco sauce Desserts: same as lunch</p> <p>Saturday <i>Dinner</i> Pork roast Chicken cordon bleu Mashed potatoes Boiled egg noodles Broccoli Polonaise Simmered succotash Chicken gravy Boston cream pie Shortbread cookies Yellow cake w/butter cream frosting Vanilla/chocolate cream pudding Lemon/raspberry gelatin</p>	Monday <p><i>Lunch</i> Chinese five spice chicken Grilled mahi mahi w/wild rice Garlic cheese potatoes Broccoli Polonaise Orange glazed carrots Mushroom gravy Carrot cake w/cream cheese frosting Creamy banana coconut pie Oatmeal chocolate chip cookies Vanilla/chocolate cream pudding Lime/strawberry gelatin</p> <p><i>Dinner</i> Veal parmesan Braised pork chops O’Brien potatoes Spaghetti Marinara sauce Mixed vegetables Peas with onions Mushroom gravy Desserts: same as lunch</p> <p>Tuesday <i>Lunch</i> Barbeque chicken Battered fish portions Steak fries Simmered corn Simmered asparagus Chicken gravy Sweet potato pie Double chocolate chip cookies Yellow cake w/chocolate chip frosting Vanilla/chocolate cream pudding Cherry/orange gelatin</p> <p><i>Dinner</i> Turkey ala king Salisbury steak Parsley buttered potatoes Glazed carrots Club spinach Brown gravy Desserts: Same as lunch</p>	Wednesday <p><i>Lunch</i> Chili macaroni Roast turkey Grilled cheese sandwich Mashed potatoes Simmered pinto beans Simmered mixed vegetables Turkey gravy Cheesecake w/cherry topping Peanut butter cookies Peanut butter cake w/peanut butter frosting Vanilla/chocolate cream pudding Lemon/raspberry gelatin</p> <p><i>Dinner</i> Meat loaf Pork ham roast Mashed potatoes Tossed green rice Cauliflower combo Broccoli w/cheese sauce Brown gravy w/mushrooms Desserts: Same as lunch</p> <p>Thursday <i>Lunch</i> Swiss steak w/brown gravy Chicken Vega Oven browned potatoes Corn on the cob Simmered peas & carrots Brown gravy Blueberry pie Brownies White cake w/lemon cream frosting Vanilla/chocolate cream pudding Lime/cherry gelatin</p> <p><i>Dinner</i> Beef Yakisoba Sweet & sour pork Shrimp fried rice Simmered broccoli Fried Cabbage w/bacon Chicken gravy Desserts: Same as lunch</p>
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Marine Corps Base Hawaii

Command Religious Program

Weekly Services

Roman Catholic
Tuesday – Friday-11:45 a.m. - Daily Mass
1st Friday of Every Month- 12:15 a.m. - Eucharistic Adoration
Sunday- 9:30 a.m. - Sunday Mass
Sunday- 5 p.m. - Sailor – Marine Mass

Protestant
Sunday- 8 a.m. - Liturgical Service
Sunday- 11 a.m. - Contemporary Service

Jewish
Aloha Jewish Chapel Pearl Harbor (Bldg 708) across from Makalapa Medical Clinic
POC Mr. Daniel Bender, 523-4814
Monday- 6 p.m. - Jewish Bible Study
Friday- 7:30 p.m. - Kabbalat Shabbat
Saturday- 8:15 a.m. - Shabbat Morning Services

Community Outreach

“Feeding the Homeless”
Our next scheduled “Feeding the Homeless” at the Institute of Human Services in downtown Honolulu will be Feb. 16. For more information, call Jessica Broda 351-6531.

CREDO Hawaii Spiritual Fitness Center
Located at the MCBH Theater’s Courtyard, 257-1919.
Personal Growth Training- Feb 20-21 amd Mar 8-9.

Contact Numbers

Recorded message:	257-3552	RPC(SW/AW/FMF) Nicholas:	257-8319
Chaplain Linehan:	257-5138	RP3 Chambers:	257-4463
Chaplain Stroud:	257-1501	Marlene Miller (Rel. Education):	257-1499
Chaplain Cates:	257-8318	Nadine Kurtz (Secretary):	257-3552
Chaplain Hill:	257-2734		

FAX#: 257-5995 MCBH Duty Chaplain: 257-7700

*The Base Chapel maintains a list of local religious churches and congregations. For more information, call 257- 5138.

Cub Scout Pack 225 celebrates birthday

Lance Cpl. Brian A. Marion
Combat Correspondent

Cub Scout Pack 225 celebrated the Cub Scouts' 98th birthday at the Bachelor Officers Quarters Conference Room here Feb. 21.

They celebrated their birthday to remember their history and traditions.

The scouts first came to America at the turn of the 20th century when William D. Boyce, a Chicago businessman, became lost in fog in England. While lost, he wandered upon a local Boy Scout who led him to his destination. Fascinated by England's Boy Scouts, Boyce asked for information about the scouts. Boyce returned to America, and on Feb. 8, 1910, he incorporated the Boy Scouts of America.

During World War II, the scouts started celebrating their birthday to help keep families together while their deployed spouses fought overseas.

"It's almost like what we're seeing today," said James Whitley, assistant pack leader and assistant bear den leader. "Right now we have all these spouses deployed and this is something that keeps the rest of the family involved."

The Cub Scouts not only help keep families together, it also instills discipline and virtues in the children.

"It's just like the military in those aspects," Whitley said. "The scouts learn about discipline, teamwork and the same values and moral lessons the military teaches its recruits. In addition to these skills and values, we also teach them some cooking skills and how to keep track of their money."

There are four categories of scouts in the organization: the Tiger Den for first grade, the Wolf for second, the Bear for third, and We Be Loyal Scouts for fourth and fifth grades. When the Cub Scouts reach sixth grade, they



Lance Cpl. Achilles Tsantariotis
Cub Scout Pack 225 celebrated its 98th birthday at the Bachelor Officers Quarters' Conference Room here Feb. 21. The scouts originated in England but were brought over by a Chicago businessman.

graduate to the Boy Scouts.

Although the children can graduate to the next level, the organization requires them to earn badges first.

"They earn badges through achievements they complete," Whitley said. "And we make them earn their achievements. We don't just hand them over."

At the start of each level, the scouts receive a book. Each time they're promoted, the book becomes larger, making the list of achievements for the next level longer.

During the birthday celebration, 11 of the 25 scouts in the pack unofficially graduated to the next level of the Cub Scouts. Their official promotion will be in the summer during their annual camp.

The scouts also help children transition better in their new schools after the family changes duty stations.

"The scouts makes for an easier transition for the children, because they have something in common with other students at the school they transfer to," said Darcy Segobia, vol-

unteer. "The get the chance to meet other Cub Scouts at their new school, which is a good way to socialize and make new friends."

Cub Scouts don't have to worry about losing any credits through transferring to a different pack, because their credits and achievements transfer with them.

"Everyone here is trained and took classes to ensure what we teach over here is exactly the same as any other pack," Whitley said.

The scouts are a nonprofit organi-

zation run by parents of the children and volunteers who want to help.

Volunteers who want to help aren't limited to having children in the scouts, Segobia added.

"Anyone can volunteer to help with the scouts," Segobia said. "You don't even have to be a parent. It's helping the children grow that's important."

For more information about the Cub Scouts, or about joining the Cub Scouts, call Segobia 388-8352, or e-mail kali21@hawaiiintel.net.

Are you ‘savings ready?’

News Release
LIFELines

Crystal, a single E-4, was working in her installation's public affairs office when a photographer with the Military Saves Campaign asked if she'd be willing to pose for the campaign poster. She agreed. Later it occurred to her, "It's going to be bad if I'm on all these posters and I'm not saving."

She always intended to save, but never got around to it. Now, only 18 months later, she has no credit card debt, an emergency fund, and a savings account for a down payment on a house. She also contributes to Thrift Savings Plan, and has a Roth IRA.

What changed for Crystal? She didn't change jobs, didn't win the lottery or get an inheritance. Crystal simply set a goal and then took action.

Crystal is now "savings ready," a military member with a healthy financial profile who doesn't have to worry about finances when she deploys in support of the Global War on Terrorism or any other military operation.

Are you savings ready?

To get an idea of your readiness level, ask yourself these questions:

- ♦ Are you free from credit card debt so you don't have to pay finance charges for carrying a balance?
- ♦ Do you have emergency savings? Most financial planners recommend you have three to six months of household expenses set aside in an interest-bearing savings account to handle unexpected expenses.
- ♦ Do you plan for future expenses (car repair, vacations, household appliance or furniture purchases, holiday and birthday gifts, back-to-school clothing and supplies, etc.), saving money before you spend it?
- ♦ Are you building wealth by owning your own home, or are you planning to buy a home by saving for a down payment and paying attention to establishing an excellent credit rating?
- ♦ If you have children, or you or your spouse are planning to return to school for further education, do you have college funds?

If you answered "Yes" to most or all of these questions, you are savings ready! If not, don't despair — not only are you in the same boat as most Americans, you can change your situation.

The first step is to set a savings (or debt reduction) goal. People with written goals and plan to reach them are much more likely to succeed. If you have a written savings goal, you're likely to save twice as much money as someone who doesn't have a goal.

When you set your first goal, remember the SMART goal-setting guidelines. Make sure your goal is:

Specific, significant to you, and stretches you a little bit; measurable, so you can easily know if you're making progress, meaningful to you and your family, and motivates you to achieve it;

Achievable, agreed upon with your spouse if you're married, and action-oriented;

Results-oriented, realistic in light of your personal situation, and rewarding; and

Time-based, tangible, and trackable.

Let's walk a military mom through setting a goal to see how this works. Like Crystal, her

financial situation is okay, but not great. She has a little credit card debt, already contributes to TSP, but doesn't have any other savings. She decides that her goal is to have \$500 in a savings account so she doesn't have to go deeper into debt if she has an emergency, and then she'll pay off her credit card as quickly as possible.

Her goal is SMART, because it's specific and stretches her to do something new.

It's measurable and trackable, since she'll be able to see her progress every pay period. It's meaningful, because it gives military mom and her family hope that they can be debt free and have savings.

It's achievable, because Military Mom found \$100 per month that she could save by cutting premium cable channels, bringing her lunch to work, skipping fast food for the kids except a once a month treat, and getting movies from the library instead of renting them. She and her civilian husband agreed on the goal and the plan to achieve it, so they're working on it together.

Decide now to get savings ready in 2008. Set your goal, make your plan, and go, go, go.

Put the ‘wind’ in the Windward side



Lance Cpl. Brian A. Marion
The U.S. Marine Corps Forces, Pacific, Wind Ensemble performed for audiences at Windward Community College Paliku Theater, Saturday. The concert was free and included some guest performances by Kevin Hartman, director, International Institute of Chamber Music. One of the band's next performances will be at the Big Bang Concert at Hale Koa Hotel's Luau Gardens March 7 at 7:30 p.m.



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AROUND THE CORPS

Okinawa Marines volunteer to teach CPR, first aid

Lance Cpl. Daniel R. Todd
MCB Camp Butler

CAMP FOSTER, OKINAWA, Japan — American Red Cross officials stress the importance of learning life-saving techniques, and to help in this effort, two Marines taught a First Aid and Cardio Pulmonary Resuscitation Course at the American Red Cross building on Camp Foster Feb. 16.

Gunnery Sgt. Kenneth Newlon, the quality assurance representative for Marine Air Traffic Control Detachment A, Marine Air Control Squadron 4, Marine Air Control Group 18, 1st Marine Aircraft Wing, and Staff Sgt. Albert Sanders, the operations chief of the Marine Corps Base Camp Butler Staff Noncommissioned Officer Academy, taught 10 Status of Forces Agreement personnel how to be effective as first responders at the scene of an accident and how to use proper CPR techniques.

Newlon and Sanders said they volunteered because they believe people should give

back to their communities and teaching how to save lives is one way to do it. They also said they did it because the Red Cross does a lot for the military and helping them helps everyone in the community.

Newlon is a certified emergency medical technician and Sanders is a Red Cross certified instructor for CPR and First Aid for the Lay Responder and CPR for the Professional Rescuer courses.

They covered infant, child and adult CPR and what to do as a first responder. As a first responder, a person needs to find out what the injury may be, what they can do to help and whether it is something the person can take care of themselves or something that they will need to call emergency medical services for, according to Sanders.

“The course is important because they learn proper first aid and techniques used to save someone’s life,” Sanders said. “Improper aid in an emergency can be more dangerous than no aid at all, so learning what care you can

and should give is important.”

Anyone over the age of 14 should take this course, especially people who work or spend a lot of time in places where a lot of people gather or exercise, Sanders said. The Red Cross also recommends the course for people as young as 11.

“All the skills that are taught in the class are not expected for everyday use but are still necessary for people to know,” Newlon said. “It is better to know how to save a life and never need to, than to not know how to save a life and need to.”

Some of the first aid taught is used every day though, Sanders said. People get bruises and scrapes all the time and do a self diagnosis. This course just showed how to give aid more effectively to someone who may not be able to help themselves.

“Hopefully the people who attended the course left more knowledgeable about first aid and now have the skills to help someone in need,” Sanders said.



Lance Cpl. Daniel R. Todd

Gunnery Sgt. Kenneth Newlon instructs Status of Forces Agreement personnel on proper procedures as a first responder to an accident during a Red Cross First Aid and Cardio Pulmonary Resuscitation course Feb. 16. Newlon is the quality assurance representative for Marine Air Traffic Control Detachment A, Marine Air Control Squadron 4, Marine Air Control Group 18, 1st Marine Aircraft Wing and a certified Emergency Medical Technician who volunteered his time to instruct the course.



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